

Family & Friends[®] CPR

What is Family & Friends[®] CPR?

Participants of Family & Friends[®] CPR Courses learn lifesaving skills such as:

- ⇒ Adult Hands-Only[®] CPR
- ⇒ Child CPR using breaths
- ⇒ Choking relief for adults, children and infants
- ⇒ AED use on adults and children
- ⇒ Infant CPR

The AHA's research-proven practice-while-watching technique, applied in a dynamic group environment, provides students with the most hands-on CPR practice time possible.

NEW CLASS!!

Who should take Family & Friends[®] CPR?

This course is for people who want to learn CPR but **do not need a CPR course completion card for their job**. This course is ideal for schools, students, new parents, grandparents, babysitters, and anyone else interested in learning how to save a life.

This class runs for approximately 1 1/2 hours



Two sessions of the same class will be held on each of the dates below. The first is from 9:00 am to 10:30 am. The second class is from 11:00 am to 12:30pm.



DATES

OCTOBER 11, 2014
NOVEMBER 15, 2014
JANUARY 17, 2015
FEBRUARY 21, 2015
MARCH 21, 2015
APRIL 11, 2015
MAY 16, 2015
JUNE 20, 2015
JULY 18, 2015
AUGUST 15, 2015

The Family & Friends[®] classes are held at
WFPD
Station 19
4091 Jefferson Ave
Redwood City, CA

Please email Selena Brown at selenab@woodsidefire.org or call 650-423-1406 with the date and session you plan to attend.

THIS COURSE DOES NOT PROVIDE A COURSE COMPLETION CARD.
THE STUDENT MANUAL CONTAINS A TEAR-OUT PARTICIPATION CARD.

The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA materials, do not represent income to the AHA.